Comprehensive risk analysis: FRAILTY of ONE of the following:

- Risk for hypoglycaemia (see Figure 5)
- Poor motivation and attitude of patient
- Decreased general life expectancy
- Cardiovascular disease
- Presence of micro-vascular complications

yes \( \rightarrow \leq 69 \text{ mmol/mol} \)

no \( \rightarrow \quad \)

Lifestyle only or Therapy with low hypoglycaemia risk

yes \( \rightarrow \leq 53 \text{ mmol/mol} \)

no \( \rightarrow \quad \)

Diabetes duration > 10 years

yes \( \rightarrow \leq 64 \text{ mmol/mol} \)

no \( \rightarrow \leq 58 \text{ mmol/mol} \)