

THE 2014 EU SUMMIT ON CHRONIC DISEASES

Addressing the medical, social and economic burden of chronic diseases in the EU

Brussels, 3 and 4 April 2014

DRAFT AGENDA

2 April 2014 Side Events organised by External Stakeholders

3 April 2014 Five Workshops at Centre Albert Borschette (CCAB) and Reception

4 April 2014 Official Opening and Plenary Sessions at Charlemagne building (CHAR)

OBJECTIVES OF THE SUMMIT

The first EU summit on chronic diseases brings together key policymakers, stakeholders and interest groups to explore ways to address chronic diseases effectively in the EU and to develop recommendations along the following questions:

- 1) How does the expanding burden of chronic diseases affect the quality of life of citizens, the competitiveness of economies and the cohesion of societies and what can the EU do about it?
- 2) How can the pressure of the expanding burden of chronic diseases on health systems be reduced and how can available resources be invested in the most efficient way?
- 3) Which prevention measures are the most cost-effective in the short and in the long term, and how could they be implemented? How should the EU and its Member States promote their implementation? Which risk factors need to be addressed more efficiently?
- 4) How do the health and care systems need to change to respond to the ageing challenge and growing phenomena of frailty and multi-morbidity?
- 5) How to best reach, include and empower the most vulnerable and marginalised people successfully in prevention and care strategies?
- 6) How could the European Union support Member States' attempts towards containing the chronic disease burden? Which EU action would provide most added value – in economic, social and political terms?

The summit will develop Conference conclusions and a set of policy recommendations for action clarifying on how the medical, social and economic burden of chronic diseases should be tackled in the European Union now and in the years to come.

3 April 2014

WORKSHOPS

Challenges for patients, health systems and society

Centre de Conference Albert Borschette (CCAB)

OBJECTIVES

A series of workshops will explore in detail where specific action in relevant areas would help to respond to the burden of chronic diseases through EU added value.

More specifically, experts should explore the status of EU, national and regional policies and activities and the interaction of authorities, patient organisations, the medical and social sector, industry and international organisations and their potential in better addressing specific major chronic diseases. The discussions will focus on prevention and health promotion, disease management and health investments and ways to act through infrastructural, organisational and instrumental means. The discussion should cover innovation in prevention and health promotion activities as well as in health care. Discussions should identify shortcomings and chances to address major chronic diseases more effectively in the future. Recommendations of each workshop will be summarised and presented to the plenary high level meeting for further discussion.

In addition, stakeholders could organise, at their own cost and under their responsibility, specific workshops or events on their particular areas of interest (e.g. on 2 April or after the workshops on 3 April). These events will be published in the official programme and on the conference webpage.

Workshop 1

Addressing major chronic diseases in Europe – added value through EU action (room CCAB XX)

09:30 – 09:40 Opening by chair: The burden of chronic diseases in the EU – a political prologue

Christel Schaldemose, MEP (DK) *confirmed*

09:40 – 09:55 The inevitable epidemic? Major chronic diseases in the European Union

Gauden Galea, Director NCD and Life-course, WHO *confirmed*

10:00 – 10:15 The European Union’s activities and policies to address chronic diseases: risk factors and other determinants

John F. Ryan, Director, DG SANCO, European Commission *confirmed*

10:20 – 10:35 The EU cancer policy - a show case for impact-oriented cooperation

Speaker invited

10:35 - 10:50 COFFEE BREAK

10:50 – 11:05 EU legislation and action on air quality and other environmental determinants impacting health

Speaker invited

11:10 – 11:25 Effective spending to reduce the burden of chronic diseases: the pressure on health and social systems

Speaker invited

11:30 – 11:45 Shaping effective health policies for chronic diseases in the EU – being prepared for the future

Speaker invited

11:50 – 12:05 General discussion on specific issues and EU added value

12:10 – 12:15 Recommendations for Conference Conclusions by the chair

Workshop 2

**Healthy ageing strategies for active older people – from disease to functions
(room CCAB XX)**

09:30 – 09:40 Opening by chair: Case studies along the continuum of care that support patients to remain active and functional and to provide them the health and social care as close to their homes as possible

Maria Iglesia Gomez, European Commission *confirmed*

09:40 – 09:55 The challenge of ageing – the need for innovative care for older people

Esteban Keenoy, Director at Kronikgune (ES) *confirmed*

10:00 – 10:15 Patient pathways – continuum across the levels of care for older people

Alice Skaarup Jepsen, (DK)

10:20 – 10:35 Prevention and screening for older people – the case of frailty

Speaker invited

10:35 – 10:50 COFFEE BREAK

10:50 – 11:05 Treatment of older people – the challenges in geriatric medication

Prof Jean Pierre Michel, President EUGMS, University of Geneva (CH)
confirmed

11:10 – 11:25 Rehabilitation and long term care in the community – the carer's perspective

Anne Hendry, NHS Scotland (UK) *confirmed*

11:30 – 11:45 Ambient assisted living – opportunities for mitigating dependence

Speaker invited

11:50 – 12:05 General discussion on specific issues and EU added value

12:10 – 12:15 Recommendations for Conference Conclusions by the chair

12:15 – 13:30 LUNCH BREAK, served outside the meeting rooms on floor 0 at CCAB

Workshop 3

Effective frameworks for the prevention and management of major chronic diseases (room CCAB XX)

13:30 – 13:40 Opening by the chair including a short statement on the EU reflection process on health care systems

Jan De Maeseneer, University of Ghent (BE) *confirmed*

13:40 – 13:55 A Joint Action to address chronic diseases: joining efforts at EU level

Juan E. Riese, Health Institute Carlos III Madrid (ES) *confirmed*

14:00 – 14:15 How do health systems respond to the challenge of diabetes

Marina Maggini, ISS, Roma (IT) *confirmed*

14:20 – 14:35 About equitable access to early diagnosis, prevention, treatment and care and the role of patient empowerment to manage diabetes

Speaker invited

14:40–14:55 Innovative contributions to ensure state of the art prevention and management of cardiovascular diseases

John Camm, University of London, St. George's Hospital (UK) *confirmed*

14:55 - 15:10 COFFEE BREAK

15:10 – 15:25 Multidisciplinary approaches for the prevention, treatment and control of respiratory diseases

Elisabeth Bel, President-elect European Respiratory Society (NL) *confirmed*

15:30 – 15:45 Changing skill mix within teams delivering integrated health services

Speaker invited

15:50 – 16:05 General discussion on specific issues and EU added value

16:05 – 16:10 Recommendations for Conference Conclusions by the chair

Workshop 4

Investing in health – economic and social aspects of chronic disease prevention and management (room CCAB XX)

13:30 – 13:40 Opening by the chair: Return on investment or return on health – finding the right balance

Andrzej Rys, Director, DG SANCO, European Commission *confirmed*

13:40 – 13:55 Slim and effective disease management at affordable costs: problems and reality in the EU

Ellen Nolte, Director, Health and Healthcare, RAND Europe *confirmed*

14:00 – 14:15 Management of chronic diseases and health care budgets: effect of healthcare on risk of poverty

Speaker invited

14:20 – 14:35 The health and social security systems interest in effective prevention

Günter Danner, Associate Director of the European Representation of the German Social Insurance, Brussels (DE) *confirmed*

14:40 – 14:55 Research and development as a key driver for economic development and disease prevention and treatment: impact on chronic diseases

Speaker invited

14:55 - 15:10 COFFEE BREAK

15:10 –15:25 Innovative, integrated health policies to disease management strategies in response to chronic diseases – the patient’s needs

NN, European Heart Network *confirmed*

15:30 – 15:45 Political incentives for more effective prevention including in health care settings

Pekka Puska, Former Director General National Institute for Health and Welfare (FI) *confirmed*

15:50 – 16:05 General discussion on specific issues and EU added value

16:05 – 16:10 Recommendations for Conference Conclusions by the chair

Workshop 5

Acting more efficiently on risk factors and determinants - Innovation in prevention and rebalancing prevention and treatment (room CCAB XX)

13:30 – 13:40 Opening by chair: About the EU role in the prevention of chronic diseases: EU action on risk factors and health determinants and the chronic disease reflection process

Michael Hübel, European Commission *confirmed*

13:40 – 13:55 Tobacco control in the EU: health promotion and legislation

Florence Berteletti, Smoke Free Partnership (F) *confirmed*

14:00 – 14:15 The use of law as an instrument in prevention.

Belinda Reeve, O'Neill Institute for National and Global Health Law,
Georgetown Law, Washington DC (US) *confirmed*

14:20 – 14:35 Prevention and health promotion at schools and the workplace: attempts and incentives towards progress

Speaker invited

14:40 – 14:55 E-technologies for disease prevention and treatment: from a biological and digital revolution to health impacts

Speaker invited

14:55 - 15:10 COFFEE BREAK

15:10 –15:25 Eubirod project – Diabetes registries

Massimo Massi-Benedetti, University of Perugia (IT) *confirmed*

15:30 – 15:45 Insights from behavioural science as trigger for effective prevention and management of chronic diseases

Speaker invited

15:50 – 16:05 General discussion on specific issues and EU added value

16:05 – 16:10 Recommendations for Conference Conclusions by the chair

16:30 – 18:00 WORKSHOPS / SIDE EVENTS ORGANISED BY STAKEHOLDERS

18:00 – 20:00 RECEPTION, all conference participants are cordially invited

Location: BERLAYMONT building, “Piazza”, ground floor

4 April 2014

THE CHRONIC DISEASE SUMMIT – plenary sessions

Charlemagne building – Room Alcide de Gasperi

The chronic diseases summit should, starting from recommendations developed by the workshop series on day 1, reflect on broader arguments on how to address effectively the chronic diseases burden and how to limit the challenges for patients and people at risk of preventable diseases, the health systems and national health and social security budgets. What are the essential elements that the EU could deliver, in line with the commitments of the 2011 UN political declaration on non-communicable diseases, with targets set by WHO, the proposals from the EC reflection processes, and the scenarios on the chronic diseases challenges developed by academic institutions? The summit should conclude with a set of final recommendations for action at European level, and guide the path towards effective, patient-oriented policies allowing Europe to benefit from effective and sustainable health care systems ready to face the future challenges through chronic diseases.

Opening session

Chair: Tonio Borg

- 09:00 - 09:10 The Commission's role in tackling chronic diseases**
Tonio Borg, EU Commissioner for Health *confirmed*
- 09:10 – 09:20 Health as trigger for the development of the European Union**
Speaker invited
- 09:20 – 10:00 The pressure of chronic diseases on national health and social systems**
Several Ministers of Health invited
Lydia Mutsch, Minister of Health (LU) *confirmed*
- 10:00 – 10:10 The international processes to tackle non-communicable diseases**
Speaker invited
- 10:10 – 10:20 Innovation for chronic diseases: diagnosis, prevention and care**
Speaker invited
- 10:20 – 10:30 Stakeholder involvement as asset in response to chronic diseases**
Norbert Lameire, European Chronic Diseases Alliance, *confirmed*
- 10:30 – 10:45 Keynote speech: “The contribution of health policies and targeted prevention towards reducing the burden of chronic diseases”**
Speaker invited
- 10:45 – 10:50 Final remarks by the chair**
- 10:50 – 11:05 COFFEE BREAK**

Plenary session 1

FUTURE NEEDS

Chronic diseases - challenges for changing societies and national health systems in the EU

Objectives: Which priorities in policy developments, research and disease management are required to maintain a best possible performance of national health systems? What are the responsibilities of politics, citizens and the health industry to achieve the common goal of

high quality health care across Europe in a period of expanding burden through chronic diseases?

11:05 – 11:20 Opening by the chair: A political reflection on the role and the ambition of the Commission in response to the chronic disease burden

Paola Testori Coggi, Director General, European Commission

11:25 – 11:40 The chronic disease burden in the EU: economic and social implications

Speaker invited

11:45 – 12:00 Ensuring sustainable health systems: Innovative political instruments and structural adaptations to resist the chronic disease burden

Speaker invited

12:05 – 12:20 Health systems and economic development in the EU – aligning political frameworks

Speaker invited

12:20 – 12:30 Discussion and recommendations for Conference Conclusions

12:30 – 13:30 LUNCH BREAK, served outside the meeting room

Plenary session 2

SOLUTIONS, RESPONSES AND EU ADDED VALUE

Effective strategies to contain an expansion of the chronic disease burden in the EU – considerations on structural challenges in health and economy

Objectives: session should dissect and analyse needs in terms of policy, budgets, and health system organisation to achieve better results through prevention and health promotion measures. How to achieve behavioural changes across the lifecycle, how to rearrange health systems, how to better integrate prevention into health care and daily life situations, which actors need to become more pro-active to prevent chronic diseases wherever possible.

In addition, a more effective management of chronic diseases is needed. Innovative models of healthcare including integrated care systems are needed.

13:30 – 13:45 Opening by the chair: The limits of public health to contain the chronic diseases burden

Martin Seychell, Deputy Director General European Commission *confirmed*

13:45–14:00 Cooperation needed? International and national strategies to control the burden of chronic diseases

Speaker invited

14:15 – 14:30 Patient empowerment and self-management to impact the burden of chronic diseases

Peggy Maguire, European Public Health Alliance *confirmed*

14:30 – 14:45 EU support to technology for health care and information safety – developments and outlook

Speaker invited

14:45 – 15:00 Reaching risk populations and most vulnerable groups - an imperative for the political and social dimension of health care

Speaker invited

15:00 – 15:15 Discussion and recommendations for Conference Conclusions

15:15 – 15:45 COFFEE BREAK

Plenary session 3

PANEL DISCUSSION

EU added value to future needs, future actions, and future policies in controlling the burden and preventing the expansion of the chronic diseases

Objectives: This panel should reflect on the needs for a successful response to the chronic disease burden in the future in line with the Europe 2020 agenda and other political frameworks and background. Is there a need to change today's policies and approaches? A critical self-reflection on the existing and upcoming challenges for health and social systems in view of the chronic disease burden should be discussed. Panellists should develop proposals and recommendations for a meaningful implementation of future-oriented policies and contributions to contain the chronic disease burden.

Moderator: *invited*

Panellists: Martin Seychell, Deputy Director General, European Commission *confirmed*
David Byrne, Patron of Health First Europe and former EU Health Commissioner (IE) *confirmed*
Nicole Denjoy, COCIR, European Coordination Committee of the Radiological, Electromedical and Healthcare IT Industry (BE) *confirmed*

Other Panellists invited

Plenary session 4

CLOSING

Conclusions and final recommendations

16:45 – 17:00 Conference conclusions on reducing the chronic diseases burden in the EU

Didier Schmitt, Scientific Adviser & Foresight Coordinator, Office of the Chief Scientific Adviser and Bureau of European Policy Advisers (BEPA), European Commission *confirmed*

17:00 – 17:10 Final remarks

Tonio Borg, EU Commissioner for Health *confirmed*